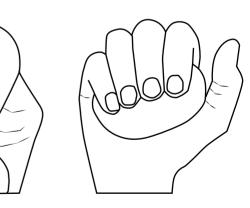


**Flat Pinch** 





**Finger Spread** 

**Full Grip** 

**Finger Spread**